

## FOALING KIT

by Dr. Laura Harris

These items should be assembled and stored in a convenient clean container such as a 5 gallon bucket with lid, tackle box or rubber tub with lid. Put the foaling kit together at least 30 days prior to the mare's due date (based on 345 days from breeding).

In addition to the items listed below put a list of emergency phone #s in the foaling kit for easy access -- veterinarian, neighbors, someone who has a horse trailer that is available -- (have a pen and paper handy also).

\*\*\*Be sure that the cordless or cellular phone you will be using during foaling has good reception at the mare's stall. \*\*\*

During delivery:

- 1) Towels – hand and bath towel size for drying the foal and your hands if they become slippery (towels stored in a plastic bag are dust free)
- 2) Sterile lubricant -- (such as KY jelly) several tubes
- 3) Gloves – disposable latex gloves or long exam sleeves (from your veterinarian) -- store gloves in a ziplock bag to keep clean
- 4) Hand soap – or waterless hand cleaner / disinfectant
- 5) Tail wrap -- Vetrap is easy to use and is disposable
- 6) Flashlight -- check batteries

After delivery

- 7) CPR article -- learn how to do basic CPR in the foal before delivery!
  - 8) Scissors
  - 9) Stethoscope
  - 10) Thermometer
  - 11) Clip for umbilicus -- hemostat or large child's hair barrette
  - 12) Betadine or Chlorhexadine solution -- use to "dip" and disinfect the navel stump
  - 13) Enema – Fleet type single use enema (keep 2 on hand)
  - 14) Bute -- have on hand if needed for the mare
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