

## FIRST AID KIT      by Dr. Laura Harris

### A) purchased at a drugstore or feed store – readily available

- Thermometer
- Stethoscope
- Alcohol ( to disinfect skin ) and cotton balls
- Betadine or povidine solution ( to disinfect skin )
- Betadine or povidine scrub ( to wash wounds – must rinse )
- Gauze sponges or “panty liners” ( to cover wounds under a bandage )
- Quilted cotton legwraps or disposable diapers ( for bandaging )
- Cloth “track bandages” or Vetrap ( to hold padded bandage in place )
- Antibiotic ointment ( Neosporin / Nitrofuracin / etc. )
- 1” adhesive tape
- Duct tape
- Epsom salts
- Mylanta or Maalox liquid – 2 pints
- Bandage scissors
- Low rubber feed tub ( for soaking feet )
- Flashlight ( with working batteries!! )
- Clean towels

### B) planning ahead -- please have these items handy in the barn and trailer

- Emergency phone numbers -- must have!!
  - Veterinarian
  - Neighbors
  - Owner(s) of the horse if it's not you
  - Babysitter to watch your children
  - Someone who can drive / provide a horse trailer if needed
  - Insurance company if horse(s) are insured

A telephone that works in the barn where the horse is ( -- a telephone you can answer when the vet calls back -- ). Try to stay off the phone until the vet calls back.....

### C) supplies to obtain from your veterinarian -- labeled with dosage instructions! discuss these products with your veterinarian – know how to use them!

- Antibiotic eye ointment – (no corticosteroid)
- Sulfa/trimethoprin tablets (“Bactrim” tablets)
- Phenylbutazone (“Bute” paste, pills, or powder)
- Flunixin meglumine (“Banamine” paste or injection)
- Xylazine (“Rompun” injection)
- Dexamethsone (“Azium” powder or injection)
- Syringes and needles appropriate for the supplies you have